#### The Opioid Crisis and The Church

Dave and Denise Sayers – Real Life Ministries – Coeur d'Alene, ID - http://rlmcda.com/ dsayers@reallifeministries.com

1. Opiod overdose daily death rate average of \_\_\_\_\_ people.

2. In 2016, \_\_\_\_\_ Americans died from drug overdose.

3. Drug overdose is the leading cause of death for Americans under the age of

4. The death rate is estimated to hit One Million by\_\_\_\_\_.

In 2016, the number of overdose deaths involving opioids was \_\_\_\_\_\_
higher than in 1999.

#### The 3 Waves of the Current Opiate Crisis

6. Increased \_\_\_\_\_\_ of opioids in the 1990s by doctors.

7. The second wave began in 2010, with rapid increases in overdose deaths involving \_\_\_\_\_.

8. The third wave began in 2013, with significant increases in overdose deaths involving \_\_\_\_\_\_.

9. This is the main killer today, the fentanyl that is added by \_\_\_\_\_\_ \_\_\_\_\_.

#### Treatment

10. Typical treatment uses drugs like Suboxone and Vivitrol that diminish	
	and
11	_ is a non RX drug that saves lives. Everyone should
carry it around.	
12	experiment raised questions that addiction can be
environmental, not just bi	ological.
13. No matter what else w	e do, building healthy is
the most important single	issue
14. Celebrate Recovery is	aRecovery program
that functions well in churches. (https://www.celebraterecovery.com)	
15. The Genesis Process go	bes to the of why I do the things I
don't want to do. (https://	/www.genesisprocess.org/)

## Who We Are

Recovery
Director at Real
Life Ministries,
Coeur d'Alene,
Idaho

◊ Owner of Coeur d'Alene Drywall

Recovering
Addict/Alcoholic

◊ Rides a Harley

#### Our Tribe



Denise Sayers: ◊ Follower of Christ

 Recovery coach since 2003 in Celebrate Recovery at RLM

♦ Special Education
Teacher (Jr. High)
since 2006 - MEd in
ASD

Recovering
Addict/Alcoholic

Is called Nana by 3 fantastic people



# DEATH

#### The Opioid Crisis and The Church



## **Drug Overdose Deaths in America**

- Daily death rate average of <u>115-175</u> people
- In 2016, <u>64,000</u> Americans died from drug overdose
- Leading cause of death for Americans under the age of 50
- Death rate estimated to hit One Million by 2020

Children are the silent victims of the opioid crisis.

#### • In 2016 overdose deaths involving opioids was <u>5 times higher than in</u>

1999.



#### **3 Waves of the Rise in Opioid Overdose Deaths**



<u>dealers.</u>

SOURCE: National Vital Statistics System Mortality File.

#### Did the FDA Play A Role in the Opioid Epidemic?

- FDA originated in 1906 in response to the Nation's Epidemic of Opium-derived drugs, including heroin and morphine
- FDA approved Oxycontin in 1995 with a label that made it appear less addictive than other opioids that wasn't true!
- FDA allowed Purdue Pharma to market oxycontin as less than 1% addictive - that wasn't true!
- Doctors began prescribing opioids for chronic pain in record numbers
- Pharma fined \$600 Million+ in 2007 for misleading public, it was making \$Billions



Memorial on the steps of the Capitol building in West Virginia

# How are we treating opioid addiction in America?



## Drug Maintance Therapy

#### Pros

- Reduces cravings
- Avoid harsh withdrawal symptoms
- Can lead normal life

#### Cons

- Can be abused
- Is addictive
- Keeps the addict on a drug

Suboxone and Vivatrol that diminish <u>withdrawal</u> <u>symptoms</u> and <u>cravings</u>

<u>Narcon</u> is a non RX drug that saves lives. Everyone should carry it around.

## What is Addiction? What is Sobriety?



Rat Park Experiment

Is addiction environmental or biological?

We think it is both, we see addicts that have healthy environments and relationships who still struggle with walking away from opioids.

No matter what else we do, building healthy <u>relationships</u> is the most important issue.

## What We Do In Recovery at Real Life Ministries

#### Our 4 Core Principles:

- 1. Being in relationship with God
- 2. Being in relationship with others
- 3. Being an active part of the Church
- 4. Honestly and humbly addressing our sin, brokenness, and temptation

FORGIVEN



#### What we Use?

**Celebrate Recovery** is a Christ-centered 12 step program, begun in 1991 by John Baker under the leadership of Rick Warren. There are 4 booklets that contain the 12-steps with weekly lessons. It is a 7-12 month process.







### **The Genesis Process**

The Genesis Process provides a Biblical and neurochemical understanding of what is broken and causes our self-destruction.

FOR THE FIRST TIME IN HISTORY WE ARE BEGINNING TO UNDERSTAND WHAT IS BROKEN WHEN WE CONTINUE TO DO SELF-DESTRUCTIVE BEHAVIORS (*ADDICTIONS*).



#### **The Genesis Process**

Gender specific groups that meet weekly and work through 25 "processes" or lessons with homework. Therefore, the groups generally last 24-25 weeks or 6-7 months.

For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Romans 7:15 (ESV)



Luke 19:10 "For the Son of Man came to seek and to save the lost."

Matthew 9:37-38 "Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest."



"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."Joshua 1:9

**O**MY PHILIPPIANS 4:8 LIFE



#### Reference

#### https://www.cdc.gov/drugoverdose/epidemic/index.html

https://www.cdc.gov/drugoverdose/epidemic/index.html

https://www.genesisprocess.org/

https://www.celebraterecovery.com/about/history-of-cr

https://www.addictioncenter.com/addiction/addiction-vs-dependence/