

Discussion Questions Week 4

What makes forbearance so hard in marriage? Should we expect to forbear or admonish on a more regular basis? What truths might we be missing if we consistently fail to forbear?

The “tape” of what he said (or did) to you just keeps playing and replaying in your head. All you can think about right now is how hurt you are and how you want to pay him back. It feels like doing anything else right now would be hypocritical. What can you do?

Keller says in a conflict it is O.K. to tell your spouse what they did to trigger your bad response, but not *cause* your bad response. What do you think? Is there a difference and is it significant?

What can you do to make it safe for your spouse to admonish you? (What things do we sometimes do to teach them they better not?)

What things about God’s character might you be able to learn when you find yourself in a painful spot in your marriage?